

Uitenhage Swimming Club Gala

TO ALL CLUB PRESIDENTS

The Uitenhage Swimming Club is celebrating its 75 year. We will be holding our gala in Uitenhage, the only gala to be held "outdoors".

You are cordially invited to take part in the Uitenhage Swimming Club Gala to be held on 3 March 2012, starting at 10:00, in Uitenhage.

There will be refreshments on sale for the "hungry and thirsty" ones.

Rules:

- ★ SSA rules will govern.
- ★ Age as on 3 March 2012
- ★ Swimmers to compete in own age group and open events.
- ★ All events will be swum as seeded finals. Swimmers failing to submit entry times will swim in the slow heats.
- ★ Swimmers may enter as many events as they wish.
- ★ One start rule will apply.
- ★ Swimmers will not be allowed to enter any events unofficially.
- ★ Swimmers not registered from Clubs will be allowed to swim.

Prizes / Trophies

Medals will be awarded to first three positions in each event. The DICK CHERRINGTON Trophy will be awarded for the men's 200M Freestyle and the MARGARET HUMAN Trophy will be awarded for the women's 100M backstroke.

Entries.

Individual entry fees are R15.00 per event and R30 per relay.

Jill Plumstead will be collecting all entries. **Cut off date 22 February 2012**

Late entries will be charged at double the fees.

Late entries on the day of the gala will close at 09h00.

Programmes and heat sheets will be on sale at the poolside.

Entry fees to be paid into the Uitenhage Swimming Club's bank account - Nedbank Uitenhage - Branch code 127716 and Account number 1277278652. Please fax a copy of the deposit slip to Neil Lawson - 041 994 5438.

Entry fee into the pool is R10 per adult and R5 per scholar not swimming.

PROGRAMME

Uitenhage Swimming Club Gala							
SATURDAY 3 MARCH 2012				UITENHAGE POOL		10:00	
101	400m	G	Freestyle	117	100m	G	Butterfly
102	400m	B	Freestyle	118	100m	B	Butterfly
103	50m	G	Backstroke	119	200m	G	Breaststroke
104	50m	B	Backstroke	120	200m	B	Breaststroke
105	200m	G	Butterfly	121	200m	G	Backstroke
106	200m	B	Butterfly	122	200m	B	Backstroke
107	100m	G	Freestyle	123	50m	G	Freestyle
108	100m	B	Freestyle	124	50m	B	Freestyle
109	100m	G	Breaststroke	125	50m	G	Breaststroke
110	100m	B	Breaststroke	126	50m	B	Breaststroke
111	50m	G	Butterfly	127	200m	G	Freestyle
112	50m	B	Butterfly	128	200m	B	Freestyle
113	100m	G	Backstroke	129	4 x 50m	G	Free Relay
114	100m	B	Backstroke	130	4 x 50m	B	Free Relay
115	200m	G	IM				
116	200m	B	IM				

50m 100m	}	Age Groups:	8&u; 9-10; 11-12; 13-14; 15&o
200m 400m	}	Age Groups:	Open Only
Relays	}	Age Groups:	10&u; 11-12; 13-14; 15&o

Dick Cherrington Trophy for the Men swimmer who recorded the fastest 200m Freestyle time.
Margaret Human Trophy for the Women swimmer who recorded the 100m Backstroke time.
No medals for the relay races