



30 November 2011

To All Executive Committee Members
Club Presidents
Club Secretaries
Coaches

‘SASKO’ EASTERN PROVINCE CHAMPIONSHIPS

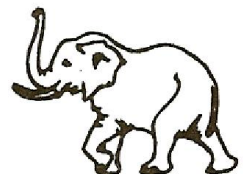
As our most prestigious event, ‘SASKO’ E.P. Championships, is just a few days away, please take note of the reminders that need to be forwarded to the swimmers and parents.

- The times of the commencement of the sessions are as following:

Session 1	Friday	2 December	18H00
Session 2	Saturday	3 December	08H00
Session 3	Saturday	3 December	14H00
Session 4	Sunday	4 December	08H00
Session 5	Sunday	4 December	13H00

Please remind your swimmer that the swimming pool complex will only be opened 1 hour prior to commencement of the session.

- **NO** parents will be allowed to sit on the pool deck during the gala.
- **ONLY** Coaches will be permitted to sit on Pool deck opposite the grand stand.
- **ALL** swimmers **MUST** report to the competitor steward in time for their event. If a swimmer misses a race they will not be accommodated in any other heat or event. The race will be announced but no swimmer will be called individually.



- Scratchings will only be accepted on the official scratching form and signed by the Club Coach or Team Manager.
- Scratchings will be accepted up to **30 minutes before the start of the relevant session.**
- If a swimmer fails to scratch and is a 'no show' they will be disqualified from their next individual event he/she has entered **OR** have the option of paying a R50.00 fine. If the fine is paid the swimmer will be permitted to swim in the next event. If it is the swimmer's last event a R50.00 fine **will** be imposed.
- Presentation of a medical certificate or good cause shown will over-rule the above.

There has been a complaint regarding the absence of an Official for the purpose of collecting and handing out of various forms at the Admin window. **PLEASE** be advised that there will be an Admin Official at the Records window one hour prior to the gala to deal with scratching and relay changes.

Medal Presentations:

- All medal winners will be announced and **MUST** report to the competitor steward. It is requested that Team Managers must ensure that all medal winners are properly attired in their **FULL** Club or Provincial tracksuits and takkies. Swimmers who are not dressed properly will not be allowed on the podium to receive their medal.
- **PLEASE NO** towels around the waist or any fancy hat/headgear.
- Medals will be awarded during the sessions.

Protests:

- Protests must be submitted in writing together with R200.00 deposit to the Meet Referee within 30 minutes of the incident in question. The Meet Referee's decision will be final.
- The **ONE** Start rule will apply.

All rules pertaining to our Championships can be found on pages 74 and 75 of the EPA Handbook.

Entrance Fee:

R10.00 per session

Programmes will be on sale at R5.00 per session

Announcement of E.P. Teams:

At the conclusion of Sunday afternoon's session the following **PROVISIONAL** Eastern Province Teams will be announced:

- a) Inter-Provincial Team to participate in East London on 21 January 2012
- b) Youth and Senior National Squads to participate in Durban in April 2012.

The President and Executive Committee Members wish all swimmers the very best of luck for the Championships.

We would also like to wish the Divers, Swimmers, Synchro Swimmers and Water Polo players who will be travelling to the various competitions the very best of luck.....Keep the EP Flag flying high!

Any queries regarding the above, please do not hesitate to contact me.

Yours in Aquatics

Lorraine Deasy

Administrator