
Individual Meet Results
CANA ZONE 3 AND 4 MEET-KENYA 08-Jan-10 to 10-Jan-10 LC Meters**Location: MOI AQUATIC STADIUM KASARANI**

| Time | F/P/S | Name | | Age | Place | Points | Impr |
|---|--------------|---------------------|--------|------------|--------------|---------------|-------------|
| Event # 2 Male 400 Free 14 & Under | | | | | | | |
| 5:11.70L | F | Kafaar, Nizaam | RSA-ZZ | 13 | 6 | 13 | 16.26 |
| Event # 9 Female 50 Breast 13-14 | | | | | | | |
| 37.22L | F | Nelson, Kelleigh | RSA-ZZ | 13 | 1 | 20 | -0.50 |
| Event # 10 Male 50 Breast 13-14 | | | | | | | |
| 35.30L | F | Basson, Alaric B. | RSA-ZZ | 13 | 5 | 14 | -0.76 |
| 35.65L | F | Ward, Jeremy C. | RSA-ZZ | 13 | 6 | 13 | 0.10 |
| Event # 19 Female 100 Back 13-14 | | | | | | | |
| 1:13.43L | F | Engelke, Kirstie H. | RSA-ZZ | 14 | 1 | 20 | 2.29 |
| Event # 20 Male 100 Back 13-14 | | | | | | | |
| 1:14.97L | F | Koopman, Mischa S. | RSA-ZZ | 13 | 7 | 12 | -1.25 |
| Event # 29 Female 50 Fly 13-14 | | | | | | | |
| 32.48L | F | Nelson, Kelleigh | RSA-ZZ | 13 | 3 | 16 | -0.96 |
| 32.67L | F | Engelke, Kirstie H. | RSA-ZZ | 14 | 4 | 15 | 0.81 |
| Event # 30 Male 50 Fly 13-14 | | | | | | | |
| 29.32L | F | Ward, Jeremy C. | RSA-ZZ | 13 | 2 | 17 | 0.05 |
| 30.84L | F | Kafaar, Nizaam | RSA-ZZ | 13 | 7 | 12 | 0.10 |
| Event # 41 Female 200 Breast 13-14 | | | | | | | |
| 2:57.90L | F | Nelson, Kelleigh | RSA-ZZ | 13 | 2 | 17 | -2.25 |
| Event # 42 Male 200 Breast 13-14 | | | | | | | |
| 2:45.03L | F | Basson, Alaric B. | RSA-ZZ | 13 | 1 | 20 | -1.19 |
| 3:03.99L | F | Koopman, Mischa S. | RSA-ZZ | 13 | 9 | 9 | -9.17 |
| Event # 49 Female 100 Fly 13-14 | | | | | | | |
| 1:14.65L | F | Engelke, Kirstie H. | RSA-ZZ | 14 | 2 | 17 | 1.95 |
| Event # 50 Male 100 Fly 13-14 | | | | | | | |
| 1:06.02L | F | Ward, Jeremy C. | RSA-ZZ | 13 | 1 | 20 | 0.63 |
| 1:13.04L | F | Koopman, Mischa S. | RSA-ZZ | 13 | 7 | 12 | -1.87 |
| Event # 59 Female 50 Back 13-14 | | | | | | | |
| 34.33L | F | Engelke, Kirstie H. | RSA-ZZ | 14 | 2 | 17 | 1.20 |
| Event # 60 Male 50 Back 13-14 | | | | | | | |
| 32.23L | F | Ward, Jeremy C. | RSA-ZZ | 13 | 3 | 16 | 0.45 |
| 34.95L | F | Koopman, Mischa S. | RSA-ZZ | 13 | 12 | 5 | -0.04 |
| Event # 69 Female 100 Free 13-14 | | | | | | | |
| 1:09.94L | F | Engelke, Kirstie H. | RSA-ZZ | 14 | 10 | 7 | 3.72 |
| Event # 70 Male 100 Free 13-14 | | | | | | | |

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|---|--------------|---------------------|--------|------------|--------------|---------------|-------------|
| Event # 70 Male 100 Free 13-14 | | | | | | | |
| 1:00.04L | F | Kafaar, Nizaam | RSA-ZZ | 13 | 2 | 17 | -1.27 |
| 1:00.24L | F | Ward, Jeremy C. | RSA-ZZ | 13 | 3 | 16 | -0.29 |
| Event # 79 Female 200 IM 13-14 | | | | | | | |
| 2:41.89L | F | Nelson, Kelleigh | RSA-ZZ | 13 | 2 | 17 | 2.59 |
| 2:53.16L | F | Engelke, Kirstie H. | RSA-ZZ | 14 | 7 | 12 | 7.22 |
| Event # 80 Male 200 IM 13-14 | | | | | | | |
| 2:31.18L | F | Ward, Jeremy C. | RSA-ZZ | 13 | 1 | 20 | 3.65 |
| 2:39.91L | F | Koopman, Mischa S. | RSA-ZZ | 13 | 5 | 14 | -2.94 |
| Event # 92 Male 200 Free 13-14 | | | | | | | |
| 2:16.22L | F | Kafaar, Nizaam | RSA-ZZ | 13 | 3 | 16 | -1.31 |
| 2:25.10L | F | Koopman, Mischa S. | RSA-ZZ | 13 | 6 | 13 | -1.90 |
| Event # 99 Female 200 Back 13-14 | | | | | | | |
| 2:43.17L | F | Nelson, Kelleigh | RSA-ZZ | 13 | 1 | 20 | -11.72 |
| 2:44.64L | F | Engelke, Kirstie H. | RSA-ZZ | 14 | 2 | 17 | 7.62 |
| Event #100 Male 200 Back 13-14 | | | | | | | |
| 2:39.42L | F | Koopman, Mischa S. | RSA-ZZ | 13 | 3 | 16 | -2.70 |
| Event #109 Female 100 Breast 13-14 | | | | | | | |
| 1:22.92L | F | Nelson, Kelleigh | RSA-ZZ | 13 | 3 | 16 | 0.87 |
| Event #110 Male 100 Breast 13-14 | | | | | | | |
| 1:17.33L | F | Basson, Alaric B. | RSA-ZZ | 13 | 4 | 15 | -0.76 |
| 1:26.18L | F | Koopman, Mischa S. | RSA-ZZ | 13 | 13 | 4 | -6.91 |
| Event #120 Male 50 Free 13-14 | | | | | | | |
| 27.19L | F | Ward, Jeremy C. | RSA-ZZ | 13 | 2 | 17 | 0.18 |
| 27.65L | F | Kafaar, Nizaam | RSA-ZZ | 13 | 5 | 14 | -0.20 |
| Event #125 Female 200 Fly 14 & Under | | | | | | | |
| 2:58.41L | F | Engelke, Kirstie H. | RSA-ZZ | 14 | 2 | 17 | --- |
| Event #126 Male 200 Fly 14 & Under | | | | | | | |
| 2:45.04L | F | Basson, Alaric B. | RSA-ZZ | 13 | 2 | 17 | -33.63 |