

Results - C-League Gala - 5 November 2011 - Priory**Fly - Girls 10**

1	Michelle Strydom	Jeffreys Bay	21:41
2	Sune van Heerden	Mount Pleasant	24:58
3	Hannah Manson-Kullin	Clarendon Park	28:91
4	Taneal Trojak	Priory	29:87

Fly - Boys 10

1	Christiaan Carstens	Stulting	20:33
2	Corné Smith	Lorraine	24:94
3	Renier Stander	Kabega	26:70
4	Slater Black	Lorraine	27:90
5	Gareth Alfonso	Lorraine	28:58

Fly - Girls 11

1	Kristyn Evans	Lorraine	20:95
2	Anri van Heerden	Mount Pleasant	23:10
3	Shannon Stephens	Herbert Hurd	23:52
4	Tenique du Plooy	Kabega	26:37
5	Tessa Metelerkamp	Sunridge	26:47
6	Tyler Basson	Lorraine	27:31
7	Sonika Nel	Kabega	30:55

Fly - Boys 11

1	André Saunders	Jeffreys Bay	18:96
2	Dillon Wooding	Jeffreys Bay	22:90
3	Michael Hort	Grey	24:78
4	Conradie van Zyl	Stulting	33:15

Fly - Boys 12

1	Maritz Maass	Newtonpark	19:73
2	Kyle Bezuidenhout	Cape Recife	23:85
3	Shandrille van Zyl	Sunridge	27:98

Backstroke - Girls 8 & Under

1	Alex Lee	Priory	24:78
2	Sarah Hansen	Priory	24:91
3	Somoné Terblanche	Lorraine	25:09
4	Chelsey Cooke	Collegiate	26:19
5	Jaime Oliver	Collegiate	26:44
6	Paige Black	Lorraine	26:76
7	Keri Brooks	Herbert Hurd	26:95
8	Mandisa Hewitt-Coleman	Priory	27:16

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9	Lize Basson	Sunridge	27:53
10	Madison Meyer	Collegiate	27:83
11	Twané Slabbert	Sunridge	28:63
12	Amy Bright	Herbert Hurd	28:83
13	Amy Breetzke	Collegiate	29:14
14	Kate Wilson	Herbert Hurd	29:61
15	Amy Oosthuysen	Herbert Hurd	29:81
16	Andrea Steijn	Priory	29:95
17	Erin Smith	Collegiate	29:98
18	Cara van Wyk	Lorraine	30:43
19	Jasmine Botha	Herbert Hurd	31:19
20	Annabel Coombes	Collegiate	31:40
21	Rebecca Abraham	Priory	31:80
22	Siani van Aardt	Priory	32:28
23	Reese Cummings	Herbert Hurd	32:88
24	Britney Smith	Clarendon Park	33:61
25	Sheneen de Vos	Kabega	33:93
26	Vishana Ranchod	Herbert Hurd	34:64
27	Sonneke van Rooyen	Stulting	37:81

Backstroke - Boys 8 & Under

1	Ethan Ayerst	Grey	26:77
2	Ruan Nel	Kabega	27:34
3	Connor Nel	Herbert Hurd	27:68
4	Ryan Alfonso	Lorraine	30:33
5	Keagan Langerman	Grey	30:40
6	James Sutton	Clarendon Park	30:91
7	Callum Forbes-Rolling	Clarendon Park	31:88
8	Keanu Greyvenstein	Herbert Hurd	32:48
9	Jared Hansen	Clarendon Park	32:95
10	John Davidson	Priory	33:80
11	Caleb Rensburg	Herbert Hurd	33:84
12	Jordan van der Merwe	Herbert Hurd	34:34
13	Gerrit van der Mescht	Sunridge	34:53
14	James Pringle	Herbert Hurd	34:64
15	Basheer Ensal	Herbert Hurd	34:71
16	Calwyne Mahoney	Herbert Hurd	34:79
17	Ethan Harris	Herbert Hurd	35:56
18	Jaden O'Connor	Herbert Hurd	35:77
19	Wehan Smith	Lorraine	35:98
20	Tiaan du Preez	Herbert Hurd	36:43
21	Dirk van der Mescht	Sunridge	39:35
22	Bjorn Coltman	Herbert Hurd	42:19

Backstroke - Girls 9

1	Emily Blow	Collegiate	22:92
2	Sune van Heerden	Mount Pleasant	23:36
3	Lilliza Bijleveld	Collegiate	24:59
4	Hannah Caunihan	Clarendon Park	24:69
5	Sarah Charles	Collegiate	26:00
6	Tenielle Delport	Sunridge	26:27
7	Jenna Merrington	Collegiate	26:44

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8	Kaitlyn Wilff	Clarendon Park	26:50
9	Savannah Gerber	Priory	26:92
10	Tyra Roozendaal	Clarendon Park	26:99
11	Shelby Strydom	Collegiate	27:13
12	Zurika Ruddy	Priory	27:50
13	Nikita Tsiotsiopoulos	Priory	27:50
14	Sarah Langford	Priory	27:76
15	Jessica Booth	Clarendon Park	28:41
16	Chloe Parsons	Sunridge	28:52
17	Kayla Ferreira	Kabega Park	28:74
18	Kelly Chester	Collegiate	28:95
19	Tamryn Forbes	Priory	29:17
20	Leah Foong	Priory	29:33
21	Jesse Ackermann	Priory	30:35
22	Jonathan Southern	Clarendon Park	30:45
23	Hayley van Niekerk	Jeffreys Bay	31:73
24	Anneke Bushby	Kabega Park	32:54
25	Kayleigh Hiscock	Herbert Hurd	33:29
26	Michaela Reynolds	Clarendon Park	34:05
27	Chavonne Stander	Clarendon Park	35:63
28	Monique Ferreira	Kabega Park	36:90

Backstroke - Boys 9

1	Jan-Daniel Cilliers	Stulting	21:15
2	Luke Castelyn	Lorraine	22:86
3	Andrew Barnes	Grey	23:80
4	Cameron Southern	Clarendon Park	24:53
5	Storm Krause	Grey	24:73
6	Ruben Muller	Clarendon Park	25:40
7	Nicholas Kingston	Grey	25:63
8	Luke Nienaber	Grey	26:44
9	Jamie Snyman	Clarendon Park	26:67
10	Lucien van Wyk	Jeffreys Bay	26:87
11	Matthew de Lange	Grey	26:95
12	Tiaan Erskine	Lorraine	28:90
13	Jason Saptoe	Herbert Hurd	29:11
14	Tristan Zoetmulder	Clarendon Park	29:23
15	Joshua Gilbert	Priory	29:43
16	IP van der Merwe	Newtonpark	30:20
17	Dylan Powell	Herbert Hurd	31:25
18	Heinrich Vorster	Sunridge	31:97
19	James Gibson	Lorraine	32:30
20	Colin Murchie	Clarendon Park	1:29:48

Backstroke - Girls 10

1	Carma Stephenson	Collegiate	22:23
2	Lexi Potgieter	Priory	23:65
3	Michelle Strydom	Jeffreys Bay	23:76
4	Alexa Bataille	Clarendon Park	24:31
5	Bronwyn Henning	Newtonpark	25:13
6	Tyler Moss	Clarendon Park	25:61
7	Cayla van der Merwe	Priory	26:93

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8	Bernice Bekker	Kabega	29:15
9	Marli du Preez	Kabega	30:68
10	Paige Watkinson	Priory	31:48
11	Zoe Thomas	Herbert Hurd	31:75
12	Jessica Peters	Kabega	31:95
13	Hannah Manson-Kullin	Clarendon Park	32:34
14	Hannelize Lombard	Newtonpark	36:89

Backstroke - Boys 10

1	Christiaan Carstens	Stulting	22:14
2	Jeandré Swanepoel	Kabega	23:14
3	Francois O'Kennedy	Grey	23:53
4	Declan Parker	Herbert Hurd	25:15
5	Zaakir Ensaf	Herbert Hurd	25:60
6	Slater Black	Lorraine	25:99
7	Corné Smith	Lorraine	26:17
8	Taine-Josh Thorne	Kabega	27:57
9	Renier Stander	Kabega	28:44
10	Gareth Alfonso	Lorraine	28:47
11	Freddie Steffens	Kabega	29:87
12	Thomas Adams	Herbert Hurd	33:67
13	Darian Liebenberg	Kabega	37:54
14			
15			
16			

Backstroke - Girls 11

1	Rebecca Williams	Clarendon	22:50
2	Megan Hird	Priory	22:50
3	Skye Phillips	Priory	23:43
4	Anri van Heerden	Mount Pleasant	23:71
5	Chandré van der Merwe	Kabega	25:18
6	Kristyn Evans	Lorraine	25:70
7	Tyler Basson	Lorraine	25:89
8	Tessa Metelerkamp	Sunridge	26:65
9	Katelyn van Antwerp	Kabega	26:73
10	Sonika Nel	Kabega	26:74
11	Shannon Scheepers	Herbert Hurd	26:89
12	Emily Gird	Kabega	27:79
13	Cassandra Stopforth	Newtonpark	27:30
14	Tenique du Plooy	Kabega	30:08
15	Emma Clarence	Cape Recife	30:13

Backstroke - Boys 11

1	André Saunders	Jeffreys Bay	22:93
2	Conrade van Zyl	Stulting	24:84
3	Dillon Wooding	Jeffreys Bay	25:41
4	Johan van Rooyen	Stulting	27:15
5	Joshua Barnes	Sunridge	27:98

Results - C-League Gala - 5 November 2011 - Priory

Backstroke - Girls 12

1	Jordyn-Lee Slabbert	Sunridge	23:40
2	Kayla Boscombe	Sunridge	25:69
3	EwuraAma Asmah-Andon	Priory	26:77
4	Shandrille van Zyl	Sunridge	27:43
5	Tess Appolis	Priory	27:54

Backstroke - Boys 12

1	Maritz Maass	Newtonpark	20:61
2	Jaco Strydom	Stulting	21:84
3	John Pauls	Herbert Hurd	23:17
4	Kyle Bezuidenhout	Cape Recife	23:90

Breaststroke - Girls 8 & Under

1	Jaime Oliver	Collegiate	29:53
2	Tegan Hunger-Smith	Priory	30:17
3	Mandisa Hewitt-Coleman	Priory	30:18
4	Bragon Jacobs	Priory	30:83
5	Amy Breetzke	Collegiate	30:84
6	Madison Meyer	Collegiate	30:97
7	Keri Brooks	Herbert Hurd	31:57
8	Paige Black	Lorraine	33:08
9	Siani van Aardt	Priory	35:34
10	Cara van Wyk	Lorraine	35:45
11	Erin Smith	Collegiate	35:95
12	Britney Smith	Clarendon Park	35:95
13	Amy Bright	Herbert Hurd	36:38
14	Amy Oosthuizen	Collegiate	36:49
15	Twané Slabbert	Sunridge	36:63
16	Alexa Schroeder	Sunridge	37:41
17	Simoné Terblanche	Lorraine	38:19
18	Jodie Holmes	Clarendon Park	38:56
19	Chelsey Cooke	Collegiate	38:67
20	Kirsten Porter	Collegiate	39:36
21	Lize Basson	Sunridge	39:92
22	Kate Wilson	Herbert Hurd	40:20
23	Anke Scheffer	Sunridge	40:33
24	Andrea Steijn	Priory	41:75
25	Sonneke van Rooyen	Stulting	42:11
26	Jasmine Botha	Herbert Hurd	57:78
27	Vishana Ranchod	Herbert Hurd	1:02:91
28	Kerri Barnard	Sunridge	DQ

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Breaststroke - Boys 8 & Under

1	Ethan Ayerst	Grey	29:76
2	Celso Janse van Rensburg	Grey	32:55
3	Callum Smyth	Grey	32:67
4	Jared Hansen	Clarendon Park	32:94
5	Joshua Hansen	Priory	33:30
6	Ryan Alfonso	Lorraine	33:55
7	James Sutton	Clarendon Park	33:95
8	Ethan Harris	Herbert Hurd	34:66
9	Jonathan Southern	Clarendon Park	34:85
10	Liam Erens	Clarendon Park	34:90
11	Callum Forbes-Rolling	Clarendon Park	35:29
12	André Ferreira	Priory	36:19
13	James Simpson	Grey	36:90
14	Dirk van der Mescht	Sunridge	37:76
15	John Davidson	Priory	38:08
16	Gerrit van der Mescht	Sunridge	38:25
17	Connor Nel	Herbert Hurd	38:40
18	Caleb Rensburg	Herbert Hurd	38:59
19	Joshua Nell	Lorraine	41:99
20	Tiaan du Preez	Herbert Hurd	44:54
21	Basheer Ensal	Herbert Hurd	46:13
22	Keanu Greyvenstein	Herbert Hurd	51:80
23	Ruan Nel	Kabega	55:52

Breaststroke - Girls 9

1	Sarah Hart	Collegiate	25:31
2	Emily Blow	Collegiate	27:16
3	Kellie Fourie	Priory	28:67
4	Logan Roux	Collegiate	28:74
5	Jessica Booth	Clarendon Park	29:13
6	Megan Venter	Priory	29:34
7	Tamsyn Evezard	Collegiate	29:64
8	Sarah Hansen	Priory	30:09
9	Kym Evans	Sunridge	30:10
10	Sune van Heerden	Mount Pleasant	30:15
11	Lilliza Bijleveld	Collegiate	30:49
12	Kaitlyn Wolff	Clarendon Park	30:60
13	Tamryn Forbes	Priory	31:40
14	Paxton Barnard	Collegiate	31:47
15	Sarah Charles	Collegiate	31:54
16	Tyra Roozendaal	Clarendon Park	31:66
17	Leah Foong	Priory	32:10
18	Zurika Ruddy	Priory	32:17
19	Jenna Merington	Collegiate	32:22
20	Rebecca Ward	Collegiate	32:39
21	Tasneen Ebrahim	Priory	32:44
22	Kendra Kilian	Lorraine	33:57
23	Shelby Strydom	Collegiate	33:92
24	Monique Ferreira	Kabega	34:28
25	Chavonne Stander	Clarendon Park	34:40
26	Hannah Counihan	Clarendon Park	34:74
27	Erin Gouws	Collegiate	34:99

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28	Kelly Chester	Collegiate	35:14
29	Hayley van Niekerk	Jeffreys Bay	36:44
30	Sumé van Rooyen	Stulting	36:47
31	Savanah Gerber	Priory	37:76
32	Jaide Pringle	Herbert Hurd	38:69
33	Tenielle Delpont	Sunridge	39:42
34	Sarah Langford	Priory	39:63
35	Micaela Reynolds	Clarendon Park	41:67
36	Chloe Parsons	Sunridge	46:19
37	Kayla Ferreira	Kabega	47:96

Breaststroke - Boys 9

1	Cameron Southern	Clarendon Park	28:35
2	Storm Krause	Grey	28:59
3	Tiaan Erskine	Lorraine	28:71
4	Tristan Zoetmulder	Clarendon Park	29:10
5	Jan-Daniel Cilliers	Stulting	29:40
6	Andrew Barnes	Grey	30:31
7	Dylan Powell	Herbert Hurd	30:77
8	Luke Nienaber	Grey	30:98
9	Nicholas Kingston	Grey	31:47
10	Matthew de Lange	Grey	31:89
11	Luke Castelyn	Lorraine	32:24
12	Ruben Muller	Clarendon Park	32:71
13	Ross Simpson	Grey	32:91
14	Kyle Vankiersbilck	Sunridge	34:16
15	Michael Gill	Grey	35:96
16	Lucien van Wyk	Jeffreys Bay	36:25
17	Heinrich Vorster	Sunridge	36:93
18	IP van der Merwe	Newtonpark	38:68
19	Jamie Snyman	Clarendon Park	45:09

Breaststroke - Girls 10

1	Jade Voigt	Priory	24:38
2	Michelle Strydom	Jeffreys Bay	27:30
3	Kaylyn Wooding	Jeffreys Bay	28:73
4	Lexi Potgieter	Priory	29:18
5	Alexa Bataille	Clarendon Park	29:91
6	Skye Adcock	Clarendon Park	29:98
7	Taneal Trojak	Priory	31:14
8	Rebecca van der Mescht	Priory	31:44
9	Hannah Manson-Kullin	Clarendon Park	32:91
10	Claudia Zoetmulder	Clarendon Park	32:96
11	Kayleigh Johnstone	Clarendon Park	33:76
12	Tianna Griffin	Clarendon Park	35:70
13	Daina O'Connor	Clarendon Park	36:60
14	Abigail Eades	Sunridge	37:27
15	Paige Watkinson	Priory	37:33
16	Kayla Look	Kabega	37:56
17	Jessica Peters	Kabega	37:67
18	Anica Cawood	Stulting	39:26
19	Zoe Thomas	Herbert Hurd	41:10

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20	Sarah Cox	Clarendon Park	42:50
21	Bernice Bekker	Kabega	46:43
22	Mallory Boshoff	Jeffreys Bay	DQ

Breaststroke - Boys 10

1	Christiaan Carstens	Stulting	25:15
2	Francois O'Kennedy	Grey	29:48
3	Slater Black	Lorraine	31:75
4	Renier Stander	Kabega	33:28
5	Gareth Alfonso	Lorraine	33:65
6	Zaakir Ensaf	Herbert Hurd	33:80
7	Joshua Flegg	Herbert Hurd	34:49
8	Jeandré Swanepoel	Kabega	34:63
9	Elain Booysen	Herbert Hurd	36:45
10	Darian Liebenberg	Kabega	36:59
11	Taine-Josh Thoin	Kabega	45:58

Breaststroke - Girls 11

1	Tyler Basson	Lorraine	25:88
2	Jenna Stopforth	Newtonpark	26:38
3	Rebecca Williams	Clarendon Park	26:41
4	Skye Phillips	Priory	27:34
5	Kristyn Evans	Lorraine	27:37
6	Anri van Heerden	Mount Pleasant	29:78
7	Tessa Metelerkamp	Sunridge Park	30:63
8	Sonika Nel	Kabega	32:29
9	Logan Barnes	Sunridge Park	33:64
10	Madison Evans	Sunridge Park	34:74
11	Emily Cird	Kabega	36:26
12	Shannon Stephens	Herbert Hurd	37:40
13	Katelyn van Antwerp	Kabega	43:41
14	Tenique du Plooy	Kabega	44:91

Breaststroke - Boys 11

1	Michael Hort	Grey	24:53
2	André Saunders	Jeffreys Bay	25:34
3	Dillon Wooding	Jeffreys Bay	25:43
4	Brandon Feinhour	Kabega	30:13
5	Conradie van Zyl	Stulting	31:17
6	Tiaan Kleinhans	Kabega	36:90

Breaststroke - Girls 12

1	Tess Appolis	Priory	28:71
2	Tamryn Johnson	Kabega	28:86
3	Kayla Boscombe	Sunridge	30:64
4	Jordyn-Lee Slabbert	Sunridge	30:65

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5	EwuraAma Asman-Andoh	Priory	32:38
6	Chantelle Botha	Sunridge	34:13
7	Shandrille van Zyl	Sunridge	34:55

Breaststroke - Boys 12

1	Maritz Maass	Newtonpark	23:47
2	Julian Blow	Grey	23:68
3	Viaan Wolmarans	Newtonpark	28:60
4	Kyle Bezuidenhout	Cape Recife	30:54
5	D'Artagnan Marneweck	Cape Recife	DQ

Freestyle - Girls 8 & Under

1	Jaime Oliver	Collegiate	19:83
2	Cara van Wyk	Lorraine	20:80
3	Chelsey Cooke	Collegiate	21:10
4	Britney Smith	Clarendon Park	21:26
5	Brogan Jacobs	Priory	21:57
6	Paige Black	Lorraine	21:72
7	Tegan Hunter-Smith	Priory	21:77
8	Keri Brooks	Herbert Hurd	22:15
9	Erin Smith	Collegiate	22:90
10	Twané Slabbert	Sunridge	23:10
11	Alex Lee	Priory	23:13
12	Mandisa Hewitt-Coleman	Priory	24:45
13	Annabel Coombes	Collegiate	24:50
14	Amy Breetzke	Collegiate	24:59
15	Simoné Terblanche	Lorraine	24:85
16	Siani van Aardt	Priory	25:57
17	Amy Bright	Herbert Hurd	25:70
18	Reese Cummings	Herbert Hurd	25:80
19	Lize Basson	Sunridge	26:70
20	Annabelle Eales	Sunridge	26:83
21	Amy Oosthuizen	Collegiate	27:10
22	Alexa Schroeder	Sunridge	27:76
23	Jasmine Botha	Herbert Hurd	28:22
24	Rebecca Abraham	Priory	28:48
25	Zoë van Tonder	Kabega	29:92
26	Kirsten Porter	Collegiate	30:48
27	Sonneke van Rooyen	Stulting	30:80
28	Jodie Holmes	Clarendon Park	31:95
29	Sheneen de Vos	Kabega	33:33
30	Anke Sheffer	Sunridge	34:24
31	Tiffany Searle	Sunridge	37:33
32	Ashley Dryburgh	Sunridge	42:92

Freestyle - Boys 8 & Under

1	Matthew de Lange	Grey	22:53
2	Jared Hansen	Clarendon Park	22:58
3	Caleb Rensburg	Herbert Hurd	22:91

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4	James Pringle	Herbert Hurd	23:15
5	James Sutton	Clarendon Park	23:46
6	Callum Forbes-Rolling	Clarendon Park	23:65
7	Ethan Ayerst	Grey	24:43
8	James Simpson	Grey	24:74
9	Jonathan Southern	Clarendon Park	25:19
10	Luke Gallant	Kabega	25:45
11	Joshua Hansen	Priory	25:67
12	André Ferreira	Priory	25:75
13	Connor Nel	Herbert Hurd	25:76
14	Joshua Nell	Lorraine	26:51
15	Liam Eherns	Clarendon Park	26:77
16	Corné Gerber	Kabega	26:78
17	Thabo Botha	Sunridge	26:98
18	Celso Janse van Rensburg	Grey	27:51
19	John Davidson	Priory	27:90
20	Ruan Nel	Kabega	27:96
21	Keagan Langerman	Grey	28:43
22	Ethan Harris	Herbert Hurd	28:85
23	Basheer Ensal	Herbert Hurd	29:71
24	Dirk van der Mescht	Sunridge	29:74
25	Calwyne Mahoney	Herbert Hurd	29:76
26	Revaldo Koll	Kabega	29:91
27	Jordan van der Merwe	Herbert Hurd	29:91
28	Ryan Alfonso	Lorraine	30:20
29	Gerrit van der Mescht	Sunridge	31:26
30	Tiaan du Preez	Herbert Hurd	31:41
31	Keanu Greyvenstein	Herbert Hurd	31:43
32	Jaden O'Connor	Herbert Hurd	31:95
33	Matthew Ayerst	Grey	32:41
34	Bjorn Coltman	Herbert Hurd	DNF

Freestyle - Girls 9

1	Emily Blow	Collegiate	19:64
2	Kelly Chester	Collegiate	20:15
3	Nikita Tsiotsiopoulos	Priory	21:24
4	Sune van Heerden	Mount Pleasant	21:41
5	Sarah Hart	Collegiate	21:61
6	Savannah Gerber	Priory	21:81
7	Tyra Roozendaal	Clarendon Park	21:89
8	Lilliza Bijleveld	Collegiate	21:96
9	Kellie Fourie	Priory	21:99
10	Tamryn Forbes	Priory	22:19
11	Zurika Ruddy	Priory	22:58
12	Kayla Ferreira	Kabega	22:59
13	Megan Venter	Priory	22:84
14	Tamsyn Evezard	Collegiate	22:95
15	Sarah Hansen	Priory	23:11
16	Chloe Parsons	Sunridge	23:24
17	Kendra Killian	Lorraine	23:39
18	Sarah Charles	Collegiate	23:59
19	Sarah Langford	Priory	23:73
20	Tasneen Ebrahim	Priory	23:84
21	Leah Foong	Priory	24:28

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22	Jessica Booth	Clarendon Park	24:34
23	Hannah Counihan	Clarendon Park	24:37
24	Erin Gouws	Collegiate	24:38
25	Chavonne Stander	Clarendon Park	24:59
26	Jenna Merrington	Collegiate	24:64
27	Logan Roux	Collegiate	24:74
28	Shelby Strydom	Collegiate	24:77
29	Kaitlyn Wolff	Clarendon Park	24:96
30	Jesse Ackermann	Priory	25:28
31	Alexa van der Merwe	Sunridge	25:79
32	Keyleigh Hiscock	Herbert Hurd	25:94
33	Monique Ferreira	Kabega	26:02
34	Jaide Pringle	Herbert Hurd	26:08
35	Rebecca Ward	Collegiate	26:18
36	Kyra Evans	Sunridge	26:96
37	Paxton Barnard	Collegiate	27:90
38	Sumé van Rooyen	Stulting	28:10
39	Micaela Reynolds	Clarendon Park	28:67
40	Anneke Bushby	Kabega	28:89
41	Lethabo Ntongana	Kabega	29:70
42	Hayley van Niekerk	Jeffreys Bay	30:41

Freestyle - Boys 9

1	Nicholas Kingston	Grey	20:19
2	Ruben Muller	Clarendon Park	20:35
3	Jan-Daniel Cilliers	Stulting	20:54
4	Jason Saptoe	Herbert Hurd	20:77
5	Luke Castelyn	Lorraine	20:95
6	Cameron Southern	Clarendon Park	21:14
7	Storm Krause	Grey	21:14
8	Andrew Barnes	Grey	21:20
9	Tiaan Erskine	Lorraine	21:90
10	Ross Simpson	Grey	21:99
11	Michael Gill	Grey	22:23
12	Ivan Slabbert	Newtonpark	22:81
13	Tristan Zoetmulder	Clarendon Park	23:53
14	Jamie Snyman	Clarendon Park	23:59
15	Luke Nienaber	Grey	24:21
16	Joshua Gilbert	Priory	24:26
17	Gareth Strydom	Sunridge	25:13
18	Heinrich Vorster	Sunridge	26:13
19	Dylan Powell	Herbert Hurd	25:17
20	IP van der Merwe	Newtonpark	26:13
21	Stefan Oosthuizen	Kabega	30:17
22	Colin Murchie	Clarendon Park	49:64

Freestyle - Girls 10

1	Michelle Strydom	Jeffreys Bay	17:83
2	Carma Stephenson	Collegiate	18:88
3	Cayla van der Merwe	Priory	19:44
4	Kaylyn Wooding	Jeffreys Bay	19:55
5	Lexi Potgieter	Priory	20:24

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6	Alexa Bataille	Clarendon Park	20:51
7	Tiffany Baxter	Herbert Hurd	20:69
8	Tyler Moss	Clarendon Park	20:77
9	Rebecca van der Mescht	Priory	20:84
10	Bianca Olivier	Lorraine	21:23
11	Skye Adcock	Clarendon Park	21:68
12	Zoe Thomas	Herbert Hurd	23:77
13	Bernice Bekker	Kabega	23:93
14	Tyra van Wyk	Herbert Hurd	23:96
15	Abigail Eades	Sunridge Primary	24:27
16	Daina O'Connor	Clarendon Park	24:48
17	Taneal Trojak	Priory	24:63
18	Kayleigh Johnstone	Clarendon Park	24:65
19	Claudia Zoetmulder	Clarendon Park	25:18
20	Bronwyn Henning	Newtonpark	25:73
21	Jessica Peters	Kabega	25:77
22	Hannah Manson-Kullin	Clarendon Park	26:19
23	Tianna Griffin	Clarendon Park	26:91
24	Anica Cawood	Stulting	27:34
25	Kayla Look	Kabega	29:94
26	Marli du Preez	Kabega	31:54
27	Sara Cox	Clarendon Park	32:53
28	Mallory Boshoff	Jeffreys Bay	37:20

Freestyle - Boys 10

1	Renier Stander	Kabega	18:58
2	Francois O'Kennedy	Grey	18:85
3	Corné Smith	Lorraine	19:70
4	Christiaan Carstens	Stulting	20:95
5	Joshua Flegg	Herbert Hurd	21:25
6	Jeandré Swanepoel	Kabega	21:31
7	Slater Black	Lorraine	21:48
8	Declan Parker	Herbert Hurd	21:71
9	Zaakir Ensal	Herbert Hurd	22:74
10	Elain Booysen	Herbert Hurd	24:95
11	Taine-Josh Thorne	Kabega	25:92
12	Gareth Alfonso	Lorraine	26:20
13	Thomas Adams	Herbert Hurd	26:54
14	Freddie Steffens	Kabega	26:56
15	Darian Liebenberg	Kabega	30:58

Freestyle - Girls 11

1	Anri van Heerden	Mount Pleasant	18:15
2	Kristyn Evans	Lorraine	18:73
3	Rebecca Williams	Clarendon Park	18:77
4	Skye Phillips	Priory	18:87
5	Tyler Basson	Lorraine	19:13
6	Tessa Metelerkamp	Sunridge	20:89
7	Katelyn van Antwerp	Kabega	21:86
8	Sonika Nel	Kabega	22:66
9	Shannon Stephens	Herbert Hurd	22:96
10	Emily Gird	Kabega	23:57

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11	Chandre van der Merwe	Kabega	23:90
12	Madison Evans	Sunridge	25:65
13	Logan Barnes	Sunridge	27:08
14	Ashley Nevay	Sunridge	29:54

Freestyle - Boys 11

1	Dillon Wooding	Jeffreys Bay	17:54
2	Michael Hurt	Grey	17:69
3	Andre Saunders	Jeffreys Bay	18:19
4	Conradie van Zyl	Stulting	19:36
5	Brandon Feinhour	Kabega	19:83
6	Joshua Barnes	Sunridge	20:24

Freestyle - Girls 12

1	Jordyn-Lee Slabbert	Sunridge	20:09
2	Chantelle Botha	Sunridge	20:73
3	Kayla Boscombe	Sunridge	20:74
4	Shandrille van Zyl	Sunridge	21:87
5	EwuraAma Asmah-Andon	Priory	23:19
6	Tess Appolis	Priory	24:21
7	Tamryn Johnson	Kabega	25:33

Freestyle - Boys 12

1	Julian Blow	Grey	17:54
2	Maritz Maass	Newtonpark	17:64
3	Viaan Wolmarans	Newtonpark	17:91
4	Kyle Bezuidenhout	Cape Recife	18:10
5	Jaco Strydom	Stulting	19:83
6	John Pauls	Herbert Hurd	19:89