

'A' LEAGUE GALAS

RULES AND ENTRY PROCEDURE

1. Swimming South Africa rules apply
2. Only swimmers registered with SSA and EP Aquatics 7 days **prior to the closing date of entries.**
3. A swimmer's age is taken as on the 1st day of the Gala.

Individual Events:

Age Groups: 10 & under, 11, 12, 13, 14, 15, 16, 17, 18 & Over

A swimmer may **ONLY** compete in his/her own age group

Long Distance Events:

200m Fly, 400m IM, 800m and 1500m Freestyle

Age Groups: 12 – 14, 15 & over.

11 years & under may participate in these events.

Relays:

Age Groups: 10 & under, 11-12, 13-14, 15 & over

Swimmers may swim up in age and only in one age group per event. **Teams must be finalized 1 (one) hour prior to the event.** Swimmers must swim in order as entered. Only registered swimmers may compete in relay teams.

4. All events will be swum as timed finals. They will be seeded according to entry times.

❖ HEATS WILL BE SWUM SLOWEST TO FASTEST

5. **ENTRIES:**

All entries to be done on Team Manager. No faxed or individual entries will be accepted. Gala Secretaries must ensure that all entries, reach the PDO, Mrs Jill Plumstead, on a date that will be submitted to the Gala Secretary.

FEES:

The relevant fees must be sent to the Treasurer on or before the closing date or deposited into the EPA banking account and the deposit slip faxed to the Treasurer at 0866549967.

Individual Events: [R12.00 per event]

Relays: [R30.00 per relay]

- ❖ **Friday 20:00 ± 1 week prior to the gala – Normal entry fee**
- ❖ **Wednesday 17:00 ± 3 days prior to the gala – 3x Normal entry fee**
- ❖ **At the gala IF A LANE IS AVAILABLE – 10x Normal entry fee**

The above days & times refer to the closing date of the EPA PDO
Please consult your Club Secretary for the Club's closing date.

6. **SCRATCHINGS:**
Swimmers wishing to scratch from events may do so up to **HALF AN HOUR (30 min)** before the start of the **RELEVANT SESSION**, by completing the official "scratching form" at the Records Room. **Only Team Managers/Coaches will be allowed to do the scratchings.**
7. Races will be announced but no swimmer will be called individually to report for an event
8. Swimmers wishing to claim records **MUST** do so immediately after the race at the Records office. Swimmers / Managers / Coaches are urged to notify the Chief Timekeeper and the Referee if they feel that a record time may be swum. In doing so this will avoid the disappointment of a record not being ratified due to the fact that there were not three REGISTERED timekeepers on the lane in the event of the ETD malfunctioning.
9. The ONE START rule will apply.
10. Only registered swimmers already entered in an individual event at the meet may compete in relay teams. The swimmers age and SA ID number must be submitted on the relay entry form. Failure to swim in the order listed may result in disqualification. Substitution may be made up to the start of the relay event only in the case of a team member becoming ill and at the discretion of the Gala Referee.
11. The Referee's decision is final and in accordance with FINA rules.
12. Protests must be submitted in writing with the R100.00 deposit to the Meet Referee within 30 minutes of the incident in question. The Meet Referee's decision will be final