



The Karoly Swimming Academy

St Georges Preparatory School, Park Drive, Port Elizabeth, 6001
Tel. 083 254 9445 Fax. 086 513 4691 E-mail. admin@karoly.za.net

Dear Club Presidents

1st Annual Karoly Winter Swimming Championships Newton Park Indoor Swimming Pool 18 to 20 June 2010

It is our privilege to invite you to participate in the Karoly Winter Swimming Championships which are being held at the newly renovated Newton Park Indoor Swimming Pool in the Nelson Mandela Bay.

The meet will take place in an 8 lane format with seeding from slowest to fastest in all events. The gala will take place over five sessions.

Meet Rules:

- FINA rules will govern.
- Age on 18 June 2010 will determine the swimmers age group for the meet.
- Swimmers may compete in their own age group only. Swimmers may compete up an age group in relay events.
- Swimmers may enter as many events as they wish.
- Clubs may enter only two relay teams per event. Only the first team will score points for their club.
- Under no circumstances will any swimmer be permitted to enter any event unofficially.
- The fastest 16 times will be accepted for the girls 800m Freestyle and boys 1500m freestyle
- With the exception of the 50m events, all events will be swum as timed finals.
- The 50m events will be swum as mixed age group heats in the morning and will split into finals according to the swimmers age in the evening.
- The one start rule will apply.
- Entries must be done on team manger 5 or later.
- All entrants from outside the Eastern Province must produce a clearance from their provincial association accompanied with their entries.
- All podium finishers must present themselves neatly attired in club uniform and on time for all presentations.

Head Coach: Gareth Barnard

Points:

	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Individual Points	12	10	8	6	4	3	2	1
Relay Points	24	20	16	12	8	6	4	2

Double points will be allocated to any swimmer breaking a EP All Comers Record

Starting Times:

- Morning Session 09h00
- Evening Session 17h00

Awards

- Winning Club
- Victor and Victrix Ludorum
- Swimmer of the Meet (As determined by FINA Points)

Entry Fees

- R15.00 per Individual Event
- R30.00 per Relay Event

Closing Date will be 2 June 2010. Entries received after 2nd June 2010 will be accepted at R30.00 per individual event and R60.00 per relay.

All entries to be sent to the EPA PDO Jill Plumstead via email at jill@plumzone.com

Payments to be deposited into the following Banking Account:

Karoly Swimming Academy
Standard Bank
Rink Street
Savings Account
Account number – 387228101
Branch Number 050-417

Please email proof of payment to admin@karoly.za.net

Scratching

- **Only the team manager** may notify the organisers of scratching.
- Scratching will only be accepted on the official scratching forms provided.
- Scratching after the start of finals: R100.00 fine will be levied.
- Scratching from the afternoon 50m final events to be handed in to the office 30 minutes after the posting of the results for the particular race. A penalty of R100.00 will be levied for a No Show in the Finals.
- A medical certificate or other reason acceptable to the Appeal Committee appointed by the Organising Committee will overrule paragraphs c and d mentioned above.

Officials

We would like to suggest that participating clubs become responsible for manning a lane. Please also let us know which other duties your officials are willing to perform. We would very much appreciate it if you would encourage your parents to assist with officiating as it is in the best interest of all our swimmers that the gala is well manned.

Tent Hire

If any club is interested in hiring a tent for your club, please contact Operative Hire on 041 585 5649 / 585 5776 / 366 1562 for more information.

If your club is interested in attending our Winter Championships, please contact us via email so that we can send you further information.

We look forward to hosting an action packed meet at our new Indoor pool.

Yours In Swimming

The Karoly Executive Committee

Email: admin@karoly.za.net

Tel: 083 254 9445

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