

EASTERN PROVINCE AQUATICS CHAMPIONSHIPS

Session 1	09:00
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1	Girls	15&O	100m	Breaststroke	1:38.00
2	Boys	15&O	100m	Breaststroke	1:32.00
3	Girls	13&14	100m	Breaststroke	1:50.00
4	Boys	13&14	100m	Breaststroke	1:45.00
5	Girls	11&12	100m	Breaststroke	2:00.00
6	Boys	11&12	100m	Breaststroke	1:55.00
7	Girls	10&U	100m	Breaststroke	
8	Boys	10&U	100m	Breaststroke	
9	Girls	15&O	400m	Freestyle	5:20.00
10	Boys	15&O	400m	Freestyle	5:10.00
11	Girls	13&14	400m	Freestyle	5:40.00
12	Boys	13&14	400m	Freestyle	5:30.00
13	Girls	11&12	400m	Freestyle	6:50.00
14	Boys	11&12	400m	Freestyle	6:30.00
15	Girls	10&U	400m	Freestyle	
16	Boys	10&U	400m	Freestyle	
17	Girls	15&O	100m	Backstroke	1:28.00
18	Boys	15&O	100m	Backstroke	1:20.00
19	Girls	13&14	100m	Backstroke	1:35.00
20	Boys	13&14	100m	Backstroke	1:30.00
21	Girls	11&12	100m	Backstroke	1:45.00
22	Boys	11&12	100m	Backstroke	1:40.00
23	Girls	10&U	100m	Backstroke	
24	Boys	10&U	100m	Backstroke	
25	Girls	15&O	200m	Butterfly	3:00.00
26	Boys	15&O	200m	Butterfly	2:55.00
27	Girls	11 - 14	200m	Butterfly	3:20.00
28	Boys	11 - 14	200m	Butterfly	3:15.00
29	Girls	Open	4x100m	Free Relay	
30	Boys	Open	4x100m	Free Relay	

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Session 2

TBA

31	Girls	15&O	400m	IM	6:20.00
32	Boys	15&O	400m	IM	5:50.00
33	Girls	11 - 14	400m	IM	6:40.00
34	Boys	11 - 14	400m	IM	6:20.00
35	Girls	15&O	50m	Butterfly	0:37.00
36	Boys	15&O	50m	Butterfly	0:34.00
37	Girls	13&14	50m	Butterfly	0:42.00
38	Boys	13&14	50m	Butterfly	0:40.00
39	Girls	11&12	50m	Butterfly	0:50.00
40	Boys	11&12	50m	Butterfly	0:50.00
41	Girls	10&U	50m	Butterfly	
42	Boys	10&U	50m	Butterfly	
43	Girls	15&O	50m	Breaststroke	0:42.00
44	Boys	15&O	50m	Breaststroke	0:39.00
45	Girls	13&14	50m	Breaststroke	0:45.00
46	Boys	13&14	50m	Breaststroke	0:43.00
47	Girls	11&12	50m	Breaststroke	0:50.00
48	Boys	11&12	50m	Breaststroke	0:48.00
49	Girls	10&U	50m	Breaststroke	
50	Boys	10&U	50m	Breaststroke	
51	Girls	15&O	100m	Freestyle	1:10.00
52	Boys	15&O	100m	Freestyle	1:05.00
53	Girls	13&14	100m	Freestyle	1:15.00
54	Boys	13&14	100m	Freestyle	1:12.00
55	Girls	11&12	100m	Freestyle	1:22.00
56	Boys	11&12	100m	Freestyle	1:20.00
57	Girls	10&U	100m	Freestyle	
58	Boys	10&U	100m	Freestyle	
59	Girls	Open	4x100m	Med Relay	
60	Boys	Open	4x100m	Med Relay	

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Session 3

09:00

61	Girls	15&O	50m	Freestyle	0:33.00
62	Boys	15&O	50m	Freestyle	0:29.00
63	Girls	13&14	50m	Freestyle	0:35.00
64	Boys	13&14	50m	Freestyle	0:33.00
65	Girls	11&12	50m	Freestyle	0:38.00
66	Boys	11&12	50m	Freestyle	0:37.00
67	Girls	10&U	50m	Freestyle	
68	Boys	10&U	50m	Freestyle	
69	Girls	15&O	200m	Breaststroke	3:30.00
70	Boys	15&O	200m	Breaststroke	3:10.00
71	Girls	13&14	200m	Breaststroke	3:40.00
72	Boys	13&14	200m	Breaststroke	3:30.00
73	Girls	11&12	200m	Breaststroke	4:00.00
74	Boys	11&12	200m	Breaststroke	3:50.00
75	Girls	10&U	200m	Breaststroke	
76	Boys	10&U	200m	Breaststroke	
77	Girls	15&O	100m	Butterfly	1:23.00
78	Boys	15&O	100m	Butterfly	1:18.00
79	Girls	13&14	100m	Butterfly	1:33.00
80	Boys	13&14	100m	Butterfly	1:28.00
81	Girls	11&12	100m	Butterfly	1:55.00
82	Boys	11&12	100m	Butterfly	1:50.00
83	Girls	10&U	100m	Butterfly	
84	Boys	10&U	100m	Butterfly	
85	Girls	15&O	200m	Backstroke	3:00.00
86	Boys	15&O	200m	Backstroke	2:50.00
87	Girls	13&14	200m	Backstroke	3:10.00
88	Boys	13&14	200m	Backstroke	3:05.00
89	Girls	11&12	200m	Backstroke	3:32.00
90	Boys	11&12	200m	Backstroke	3:25.00
91	Girls	10&U	200m	Backstroke	
92	Boys	10&U	200m	Backstroke	
93	Girls	Open	4x200m	Free Relay	
94	Boys	Open	4x200m	Free Relay	

EASTERN PROVINCE AQUATICS CHAMPIONSHIPS

Session 4

TBA

95	Girls	15&O	50m	Backstroke	0:38.00
96	Boys	15&O	50m	Backstroke	0:35.00
97	Girls	13&14	50m	Backstroke	0:42.00
98	Boys	13&14	50m	Backstroke	0:40.00
99	Girls	11&12	50m	Backstroke	0:46.00
100	Boys	11&12	50m	Backstroke	0:44.00
101	Girls	10&U	50m	Backstroke	
102	Boys	10&U	50m	Backstroke	
103	Girls	15&O	200m	Freestyle	2:30.00
104	Boys	15&O	200m	Freestyle	2:20.00
105	Girls	13&14	200m	Freestyle	2:45.00
106	Boys	13&14	200m	Freestyle	2:40.00
107	Girls	11&12	200m	Freestyle	3:00.00
108	Boys	11&12	200m	Freestyle	2:50.00
109	Girls	10&U	200m	Freestyle	
110	Boys	10&U	200m	Freestyle	
111	Girls	15&O	200m	IM	3:00.00
112	Boys	15&O	200m	IM	2:50.00
113	Girls	13&14	200m	IM	3:20.00
114	Boys	13&14	200m	IM	3:00.00
115	Girls	11&12	200m	IM	03:40.0
116	Boys	11&12	200m	IM	3:50.00
117	Girls	10&U	200m	IM	
118	Boys	10&U	200m	IM	
119	Girls	Open	4x50m	Free Relay	
120	Boys	Open	4x50m	Free Relay	