



## Fish Eagle Aquatics SWD

You are cordially invited to our Freda Barnard Gala to be held at the N.A. Smit Swimming Pool, Oudtshoorn on Friday 5 and Saturday 6 November 2010, starting Friday at 17h00 and Saturday 08h00.

Entrance to the pool will only be allowed from 15h00 on Friday afternoon.  
Warm up will be at 16h00 - Lanes will be allocated to clubs for warm-up.

### **RULES AND REGULATIONS:**

1. SSA rules will govern.
2. One start rule will apply throughout the meet.
3. Age as on 5 November 2010
4. All events will be swum as seeded finals. Swimmers failing to submit entry times, will swim in the slow heats.
5. Capitated swimmers may enter any number of individual events.
6. There will be no limit for entries in the relay events, but only two (2) entries will be scored. (A and B Team)
7. Closing date for entries **Monday 18 October 2010**. All entries must be done on Team Manager. If you have no Team Manager or access to one, **ENTRIES and the deposit slip to be faxed to 0865251287**  
**Individual entries: R12 Relays: R40**  
**LATE ENTRIES** will be accepted if lanes are available at R36 per entry. Heats will not be reseeded. **NO LATE ENTRIES ON DAY OF GALA**
8. Scratching will be one hour before start of session. No refund will be returned for scratching.
9. **Complaints – appeals at R100 to be made to Referee, in writing, within 10 minutes after results have been announced.** A book for complaints will be available in the office.
10. Swimmers must notify the Chief Timekeeper and the Referee if they feel they may swim a record time. This will avoid the disappointment of a record not ratified should there not be three REGISTERED timekeepers on the lane.
11. **Nobody will be allowed in the office – only the Team Manager.**
12. **DRESS CODE:** Swimmers for Medal Presentations must be neatly attired in Club Uniform and shoes.
13. **Managers Meeting: Friday 5 November 2010 at 16h00**

**POINTS SCORING:**

Points will be awarded on the following basis:

Individual events:

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Points	20	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1

**PRIZES:**

1. Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places **in all age groups (except for events 95 - 98.)** Medal presentation after each session.
2. Medals for the relays: 4 x 50 (event 31 – 40 Medley relay) the age groups are 10/U, 11-12, 13-14, 15-16, 17/open. 4 x 50 Freestyle (event 83 – 94) the age groups are 8/U, 9-10, 11-12, 13-14, 15-16, 17/open
3. Floating Trophy to club with most points.
4. A special prize when a record is broken.

**ELIGIBILITY:**

Open to swimmers registered with SSA. All clubs must produce a clearance certificate from their Provincial Association before the start of the meeting.

The club will not be liable for any injuries sustained on the premises during the course of the gala.

**ENTRANCE TO POOL:** R5 Adults (Friday) R10 (Saturday)  
R2 (Non-competitive children)  
Swimmers free entry to pool

**PROGRAMME:** Heat Sheets will be on sale at R10.

**CATERING:** There will be Tuck Shop facilities and stalls,  
organized by the club

**BANKING DETAILS:**

NEDBANK BUSINESS BANK - FISH EAGLE AQUATICS SWD  
Account No: 1626047774  
Branch No: 162645

NB Fax Deposit Slip to 086 525 1287