

# **AQUABEAR SWIM CLUB**

**INVITES YOU TO THE**

# **AQUABEAR SPRING GALA**

**24<sup>th</sup> 25<sup>th</sup> & 26<sup>th</sup> SEPTEMBER 2010**



6<sup>th</sup> April 2010

**TO ALL CLUB PRESIDENTS**

The Aquabear Gala will be held at the newly renovated state of the art Newton Park Pool Complex on 24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup> September 2010. The new facility is a heated and indoor 50m rim flow pool with 8 lanes and touch pads at both ends of the pool. There will be nine sessions of swimming, three per day as detailed in the attached swimming programme.

## RULES

- FINA rules will govern.
- Age on 24<sup>th</sup> September 2010 determines age group swimmers may enter.
- Swimmers may compete in their own age group only. Swimmers may compete in open relay events.
- Swimmers may enter as many events as they wish.
- Clubs may only enter 2 relay teams per event.
- Under NO circumstances will a swimmer be permitted to enter any events unofficially.
- The fastest 16 entries will be accepted for the
  - # 800m freestyle (girls only)
  - # 1500m freestyle (boys only)
- All 50m and 100m events in the 13/14 and 15/over age groups will be swum in heats, however the finals in these events will be swum as follows: **13/14, 15/16 and 17 & over.**
- All other events will be swum as timed finals. Swimmers failing to submit entry times will swim in the slow heats.
- The ONE START rule will apply.
- Entries must be done on the Team Manager 5 or later.
- All entrants from outside the Eastern Province must produce a clearance from their Provincial Association accompanied with their entries
- Medal winners must present themselves neatly attired in club uniform and on time for all medal presentations.

## POINTS

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>
Ind. events:	12	10	8	7	6	5	4	3	2	1
Relays:	24	20	16	14	12	10	8	6	4	2

10 (ten) bonus points will be awarded to a swimmer who breaks a MEET RECORD.

## PRIZES

### Club Awards:

- Prize money will be awarded to the Clubs in the first four positions as follows:

1<sup>st</sup> R1 300.00 & SPEEDO Floating Trophy  
2<sup>nd</sup> R1 000.00  
3<sup>rd</sup> R 650.00

4<sup>th</sup> R 450.00  
 Best Club Spirit Award

### **Coaches Awards**

R 1 000.00 for the coach of the winning club (limited to one coach only)

### **Individual Awards:**

- Swimmer of the Meet.
- Victor / Victrix Ludorum – All age groups.
- Top 10 swimmers in all age groups.
- 4 x 50m Freestyle Relay – (Boys / Girls Open)

### **ENTRY FEES**

R30.00 registration fee & R20.00 per individual event. The relays will be R45.00 per relay team.

Each entrant will receive a tournament T Shirt, please send us a list of sizes on an excel spreadsheet, the sizes available are from Small – 3 XLarge, the deadline for the list is 6<sup>th</sup> September 2010.

Closing date will be 10<sup>th</sup> September 2010. Entries received after 10<sup>th</sup> September 2010 will be accepted at R40.00 per individual entry and R90.00 per relay team.

### **ACCOMMODATION**

All teams must make their own accommodation arrangements. A list of accommodation will be sent out if required.

## **MARCH PAST**

There will be a March Past and Opening Ceremony at 17h30 on Friday 24th September 2010 prior to the start of the evening session. Please come prepared. Participants must present themselves neatly attired in club uniform for the March Past.

## **TENTS**

If any club is interested hiring a tent for your club, please contact Operative Hire on 041 585 5649 / 585 5776 / 366 1562 or more information.

If your club would like to send a team to compete in the Aquabear Spring Gala, kindly indicate as such by e-mail, and please e-mail your Gala Secretary's contact details, whereupon all further details and relevant information will be forwarded to you.

We look forward to receiving a positive response and hosting you in the Friendly City of Nelson Mandela Bay!!

Yours in swimming

Kathy Gardiner

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