



New Delhi, India, Thursday, 7 October 2010 – Natalie du Toit and Chad le Clos claimed another two gold medals for South Africa on the 4th Day of the 19th Commonwealth Games in New Delhi, India today.

After winning the gold in the 50m S9 freestyle race on Day 02, Du Toit added the 100m S9 freestyle title when she touched the wall in a new Games Record time of 1:02.36. England's Stephanie Millward won the silver, with Ellie Cole of Australia in third.

It was gold and bronze for South Africa in the 400m individual medley. Durbanite Chad le Clos led from start to finish winning with a new Games Record time of 4:13.25 while Riaan Schoeman took home the bronze.

In the 800m freestyle, Wendy Trott claimed South Africa's first swimming silver medal of the competition when she finished in 8:26.96 behind Rebecca Adlington of England.

In the 50m breaststroke semi-final, Cameron van der Burgh successfully qualified for the highly anticipated final which will take place tomorrow.

Charl Crous, after having negotiated his way through the semi-finals in the 100 m backstroke will be contesting in the final of this event tomorrow evening.

Team SA Swimming Team Medal Table (as at 4th day of Commonwealth Games Events programme, Thursday, 7 October 2010)

Gold: Total:
Aquatics

Chad Le Clos (200m butterfly – new Games' record)
Natalie du Toit (50m S9 freestyle – new Games' record)
Cameron van der Burgh (100m breaststroke – new Games' record)
Natalie du Toit (100m S9 freestyle – new Games' record)
Chad le Clos (400m individual medley – new Games' record)

Silver: Total:
Aquatics

Wendy Trott (800m freestyle)

Bronze: Total:
Aquatics

4 x 100m freestyle relay (Roland Schoeman, Graeme Moore, Gideon Louw and Darian Townsend)
Roland Schoeman (50m butterfly)
4 x 200m freestyle relay (Jean Basson, Chad le Clos, Jasper Venter and Darian Townsend)
Riaan Schoeman (400m individual medley)

For full results on the Games, please visit www.sascoc.co.za