

SWIMMING SOUTH AFRICA SELECTION CRITERIA

National Open Water Swimming Squad 2009 – 2016

Age Group Squad – Criteria

- Male aged between 13 – 18 years old aged up to 30th April
- Female aged between 13 – 17 years old aged up to 30th April
- Participation in minimal of 2 x 5km & 2 x 3km listed events
- Participation in the Provincial OWS Championship event.
- Participation at SA National Open Water Swimming Championships
- Top male and female athletes based on performances will be considered
- Promising athletes can be included
- Male – 5km under 64 minutes*
- Female – 5km under 69 minutes*

Junior Elite Squad – Criteria

- World Ranking *
- Participation in minimal of 3 x 5km & 3 x 3km listed events
- Participation at Provincial OWS Championships
- Participation at SA National Open Water Swimming Championships
- Performance in FINA & International nominated events
- Top male and female athletes based on performance
- Male – 5km under 58 minutes**
- Female – 5km under 61 minutes**

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Senior National Squad - Criteria

- Participation in min 3 x 5km & 2 x 10km listed events
- Participation at Provincial OWS Championships
- Participation at SA National Open Water Swimming Championships
- Performance in FINA & International nominated events
- Top 5 male and 5 female athletes based on performance
- Male – 5km under 59 minutes**
- Male – 10km under 130 minutes**
- Female – 5km under 62 minutes**
- Female – 10km under 140 minutes**

Senior Elite Squad - Criteria

- World Ranking*
- Potential World Championship / Olympic Medallist
- Participation in min 3 x 5km & 3 x 10km listed events
- Participation at Provincial OWS Championships
- Participation at SA National Open Water Swimming Championships
- Performance in FINA & International nominated events
- Top male and female athletes based on performance

* *World Ranking : Performance at FINA World Championships*

** *Consideration times only*

Final Selection Event:

2010 Swimming South Africa National Open Water Championships

- 3km & 5km – 12 February 2010 – Midmar Dam
- 10km – 17 April 2010 – TBC
- 25km – 15 February 2010 – Midmar Dam

Eligibility:

To be considered for selection, a swimmer must be:

- a South African citizen who is eligible to represent the Swimming South Africa National Open Water Swimming Squad at selected international competitions from May 2009 – September 2012
- a registered member of Swimming South Africa (SSA) in good standing.
- be available to fulfill the National Open Water Swimming Squad Commitments listed below

Squad Size:

- The maximum number of athletes on this squad is determined by aforementioned criteria.

Squad Commitments:

All swimmers must commit to:

- Comply with the SAA Team Code of Conduct, Team Directions and Anti- Doping Policy
- Conform to SSA policy regarding National Open Water Swimming Squad preparation;
- Make themselves available for all team activities designated by the SSA Performance Manager including but not limited to:
 - Performance Camp and Development Camps – Domestic
 - Performance Camps – International
 - Participation in required SSA National OWS events

Performance Requirements:

- As stipulated in aforementioned criteria

Notes:

The Executive of Swimming South Africa may amend these selection criteria at any time at its discretion.

SA National Open Water Championships Qualifying Events

October 2009			
11	UCT Roggerbaai Channel Swim 1	Western Cape	3km
18	Vineyard Open Water Swim	Western Cape	3km
25	Maselspoort 1000	Free State	3km & 5km
25	Rynfield Mile	Gauteng	3km & 5km
31	Telkom/Dis-Chem Sun City Swim	NWP	3km
November 2009			
01	5 th Ocean Racing Series – (Race 3)	Eastern Cape	3km
01	Margate 1000	Kwa Zulu Natal	3km
01	Barracuda Open Water Series 1	Western Cape	3km , 5km & 10km
08	Central Gauteng Aquatics Mile	Gauteng	3km & 5km
15	5 th Ocean Racing Series – (Race 4)	Eastern Cape	3km
22	Barracuda Open Water Series 2	Western Cape	3km, 5km & 10km
22	Bonitas Sunday Tribune Capital K Swim KZN 3km Champs	KwaZulu-Natal	3km
29	Heritage 1000	Gauteng	3km & 10km
29	5 th Ocean Racing Series – (Race 5)	Eastern Cape	3km
December 2009			
05	WPA OWS Champs	Western Cape	3km & 10km
06	WPA OWS Champs	Western Cape	5km & 1km
06	Emerald Challenge	Vaal Triangle	3km
06	Albert Falls 1000 KZN 10km Champs	Kwa Zulu Natal	10km
13	5 th Ocean Racing Series – (Race 6)	Eastern Cape	3km
13	Island Lake Swim	SWD	5km
20	Midmar 1000 KZN 5km OWS Champs	KwaZulu-Natal	5km & 1km
27	Sabrina Love Ocean Challenge 6km	Western Cape	6km
January 2010			
10	5 th Ocean Racing Series –(Race 7)	Eastern Cape	3km
10	Barracuda Open Water Series 3	Western Cape	3km,5km & 10km
16	Blue Fins 1000	Free State	3km & 5km
16	Trichardsfontien 1500	Mpumalanga	5km
16 & 17	Marina Martinique Canal Swim	Eastern Cape	3km, 5km & 10km
17	Vineyard Swim	Western Cape	3km & 5km
24	5 th Ocean Racing Series –(Race 8)	Eastern Cape	3km
24	Heritage ¾ Mile	Gauteng	5km
February 2010			
12	Midmar Mile Water Festival SA Championships 25km	KwaZulu-Natal	25km
14	5 th Ocean Racing Series – (Race 9)	Eastern Cape	3km
14	Brian Curtis Mile	Western Cape	3km
15	Midmar Mile Water Festival SA Championships 3km & 5km incl Disabled & Masters	KwaZulu-Natal	3km & 5km
21	Barracuda Open Water Series 4	Western Cape	3km,5km & 10km
21	Garden Route Swim	SWD	3km & 10km
27	Sterkfontein 1500	Free State	3km
28	SPAR Redhouse River Mile	Eastern Cape	3km
March 2010			
06	UCT Roggerbaai Channel Swim 2	Western Cape	3km
07	5 th Ocean Racing Series – (Race 10)	Eastern Cape	3km
21	5 th Ocean Racing Series – (Race 11)	Eastern Cape	3km
21	Rotary Ebenezer Mile	Limpopo	3km
28	Golden Mile	KwaZulu-Natal	3km

28	Pick 'n Pay Bosveld Mile	Limpopo	3km
April 2010			
04	MTN Nelson Mandela Bay Splash Festival	Eastern Cape	6km & 3km
11	5 th Ocean Racing Series –(Race 12)	Eastern Cape	3km
17	SA National Aquatics Championships SA OW Championships 10km	KwaZulu-Natal	10km
May 2010			
01	The Cadiz Freedom Swim	Western Cape	3km